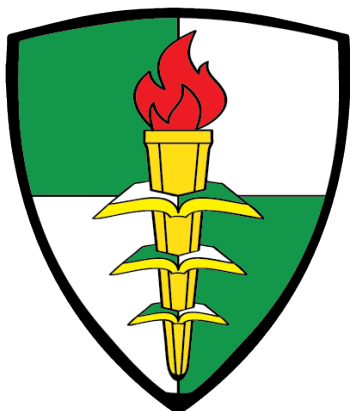




LOBOS ATHLETICS HANDBOOK 2026-2027

Compete with character. Represent the Pack.

A practical guide for Lobo student-athletes, coaches, families, and supporters.

TO BUILD. TO BE. TO COMPETE.

LASHBURN HIGH SCHOOL

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Document version: September 2026 • Athletics
reference





Welcome to Lobo Athletics



PURPOSE

This handbook brings LHS athletic expectations, local practices, Northwest School Division procedures, and SHSAA guidance into one practical reference. LHS procedures remain our local operating expectations; current NWSD Administrative Procedures and SHSAA rules govern where a conflict exists.

[2026-27 SHSAA Handbook / Articles, Bylaws & Policies](#) • [NWSD Administrative Procedures](#)

Foreword

Welcome to the 2026-27 Lashburn High School athletic program. We here at LHS are PROUD of you for making the decision to be a part of something larger than yourself. You will have the opportunity to grow as an athlete, leader, mentor, and student through the life lessons you will learn playing your sport of choice. Let's Go Lobos!

The Lobo standard

STUDENT FIRST

Schoolwork, attendance, conduct, and learning matter.

TEAM BEFORE SELF

Commitment, communication, and respect make the program stronger.

COMPETE WITH CHARACTER

Play hard, be fair, and represent LHS with pride.

**COMPETE HARD.
LEARN ALWAYS.
REPRESENT WELL.**

Lashburn Lobos Athletics

To Build. To Be.



Questions about this handbook or LHS athletics should be directed to the Athletic Director or school administration.

Table of contents

#	SECTION	INCLUDES	PAGE
01	Program & Contacts	foreword, athletic leadership, team contacts	4
02	Sportsmanship & Conduct	SHSAA mission, athlete, coach, official, and spectator codes	5
03	Student-Athlete Expectations	good standing, academics, attendance, behaviour, eligibility	8
04	Team Selection & Participation	tryouts, commitment, playing time, junior and senior approach	9
05	Communication & Families	parent guidelines, 24-hour rule, chain of communication	11
06	Coaches & Safe Sport	coach readiness, volunteer requirements, concussion, athlete protection	12
07	Season of Play & Competition	2026-27 SHSAA dates, activity policies, competition limits	14
08	Travel & Safety	supervision, transportation, overnight travel, injuries, equipment	16
09	Finance & Fundraising	athletic fee, team costs, fundraising, financial assistance	18
10	Forms & Live Links	NWSD procedures, SHSAA resources, forms, annual checklists	19

Program & Contacts



Athletic leadership

Principal / Athletic Director	Dave Pero
Vice-Principal	Dan Cheesman

Team contacts

SPORT	COACH	EMAIL
Fall Sports		
Sr. Golf	Dave Pero	dave.pero@nwsd.ca
Jr. Girls Volleyball	Emily Lawson	emily.lawson@nwsd.ca
Jr. Boys Volleyball	Amanda McConnell	amanda.mcconnell@nwsd.ca
Sr. Girls Volleyball	Christina Schmidt	christina.schmidt@nwsd.ca
Sr. Boys Volleyball	Jackie Churn	jackie.churn@nwsd.ca
Cross Country	Dan Cheesman	daniel.cheesman@nwsd.ca
Winter Sports		
Jr. Boys Basketball	Darlene Green	darlene.green@nwsd.ca
Jr. Girls Basketball	Haleigh Whitlaw	haleigh.whitlaw@nwsd.ca
Sr. Boys Basketball	Dave Pero	dave.pero@nwsd.ca
Sr. Girls Basketball	Kaylee Herzberg	kaylee.herzberg@nwsd.ca
Curling	Amanda Durocher	amanda.durocher@nwsd.ca
Spring Sports		
Jr. Badminton	Shauna Rempel	shauna.rempel@nwsd.ca
Sr. Badminton	Jackie Churn	jackie.churn@nwsd.ca
Track and Field	Jackie Churn	jackie.churn@nwsd.ca



Sportsmanship & Conduct



The original LHS/SHSAA conduct language is retained here as the foundation for how Lobos compete, coach, officiate, and support school sport.

SHSAA mission statement

“To provide educational opportunities through school sport.”

SHSAA CROSS-REFERENCE

The live SHSAA handbook and Safe Sport Policy Manual govern current association expectations. The conduct statements below preserve the school handbook language staff and families know.

[2026-27 SHSAA Handbook / Articles, Bylaws & Policies](#) • [SHSAA Safe Sport](#)

Code of ethics for student-athletes

The school requires athletes to

- Conduct themselves at all times with honour and dignity.
- Treat visiting teams, spectators, and officials as honoured guests.
- Faithfully complete schoolwork as practical evidence of their loyalty to school and team.
- Show that it is a privilege to represent their schools.
- Remember that there is no place in school athletics before, during, or after competition for the use of drugs, tobacco, or alcohol of any kind.

The game requires athletes to

- Maintain a high degree of physical fitness.
- Be fair at all times, no matter what the cost.
- Believe in the honesty and integrity of opponents and officials.
- Play the game for the game's sake.
- Accept gracefully and without question the decision of the official.

Sportsmanship demands that athletes

- Recognize and applaud honestly and whole-heartedly the efforts of their teams or opponents, regardless of colour, creed, or race.
- Give opponents full credit when they win and learn to correct their own faults through failures.
- Play hard and to the limit of their abilities regardless of discouragement. True athletes do not give up, nor do they quarrel, cheat, bet, or show off.
- Accept both victory and defeat with pride and compassion, being never boastful nor bitter.

**NWSD CROSS-REFERENCE**

[AP 350 - Student Conduct](#) • [AP 352 - Bullying](#) • [AP 354 - Drugs / Alcohol / Addiction](#) • [AP 262 Appendix A - Extracurricular Code of Conduct](#)

Code of ethics for coaches

The school expects coaches to

- Be an integral part of the school system and its educational contribution.
- Remember that the athletic area is a classroom with moral and educational obligations required at all times.
- Insist upon high scholarship and enforcement of all rules of eligibility.

The athletes expect coaches to

- Maintain a genuine and up-to-date knowledge of that which they propose to teach.
- Maintain fair, unprejudiced relationships with all squad members.
- Pay careful attention to the physical condition of the players.
- Inspire a love of the game and desire to compete fairly.

Sportsmanship demands that coaches

- Take a strong stand against profanity, unfair play, and unsportsmanlike behaviour of their teams.
- Maintain self-control at all times, accepting decisions of officials without outward appearance of vexation.
- Teach athletes to win by use of legitimate means only.
- Believe in the honesty and integrity of opponents and officials.
- Teach that to win is always desirable, but to win at any cost defeats the purpose of the game.

Code of ethics for officials

The contest expects the official to

- Maintain a professional relationship toward the event, the players, the coaches, and spectators.
- Be thorough in their preparation.
- Be on time for duty and appear in appropriate uniform.

The rules expect the official to

- Adhere to right decisions despite disapproval of spectators, coaches, and players.
- Control their temper at all times in dealing with players, coaches, and crowds.
- Respect and aid companion officials in making decisions.
- Make interpretations and announcements clear to both teams.



Sportsmanship demands that officials

- Maintain a pleasant, impartial attitude toward all players and coaches.
- Know and enforce SHSAA rules and regulations.
- Carry out their duties so as not to distract from the players or the game.
- Discourage any acts of poor sportsmanship.

Spectator conduct

The SHSAA accepts the following as its guideline regarding spectator conduct at all SHSAA events. The guiding principle for all SHSAA activities is that all participants (players, coaches, game and minor officials alike) deserve respect and consideration.

- Respect the players in the game. Fans must cheer showing their support “for” their team, not disrespect for their opponents. It is unacceptable for fans to make noise of any kind during situations such as a foul shot in basketball or during the serve in volleyball.
- School supporters are asked not to applaud errors by opponents, nor heckle, jeer, or distract members of the opposing team.
- Respect the officials. They are doing the best job that they can and should not be criticized for the judgments that they make but applauded for the service they provide to high school sport.
- Refrain from taking food or drink into high school gymnasiums when posted.
- Fans must respect the property of the schools and the authority of the school officials.
- Refrain from using artificial noisemakers, drums, or other musical instruments. The exception is a school pep band under the direct supervision of authorized school personnel, with the understanding that nothing will be done to interfere with the performance of the opposing team.
- If the actions of a spectator are deemed by officials to be interfering with play or the official’s ability to perform their duties, the game should be stopped. The host school should intervene. If the spectator is associated with the visiting team, the visiting coach may be asked to intervene. If removal is required, officials will not continue the game until the request has been fulfilled; officials should not personally confront the spectator about removal.

BE A SPORT

Blend your cheers for your team with applause for your opponents. Observe the letter and spirit of the rules and show consideration for others. Coaches and school administrators should make certain that the school team, as well as team followers, are aware of these expectations.



Student-Athlete Expectations



At LHS, being a Lobo means meeting school expectations while representing the school and community in competition.

Athlete Expectations

Student-athletes at Lashburn High School share the following characteristics:

- Adhere to the behaviour standards of the school.
- Maintain a good academic record by participating in class and completing course work.
- Maintain a good attendance record - this means minimal lates and no skipped classes.
- School fee payments are up to date - need-based exceptions can be made by contacting the school.

When expectations are not being met

1. A teacher (or administrator) will counsel the student and inform the parent of the expectation that is not being met.
2. If verbal counselling or parent contact does not solve the problem, there will be a written warning of the issues and the situation will be monitored.
3. If the issues persist after the written warning, the student may be ineligible for competition

NWSD CROSS-REFERENCE

These local steps do not replace NWSD attendance, conduct, discipline, or extracurricular procedures.

[AP 340 - Attendance of Students](#) • [AP 350 - Student Conduct](#) • [AP 262 Appendix A - Extracurricular Code of Conduct](#)

Being a student-athlete

The term student-athlete here at LHS is taken very seriously. Students who choose to participate in school-sanctioned sporting activities represent our school and community with every decision they make. Playing high school sports is a privilege, not a right. If a student is not representing the school and community in a positive manner, this privilege may be removed.

SHSAA eligibility

SHSAA eligibility, transfer, team registration, and activity-specific requirements are governed by the current SHSAA Handbook and required forms. Coaches and the Athletic Director will confirm eligibility before competition.

SHSAA CROSS-REFERENCE

[2026-27 SHSAA Handbook / Articles, Bylaws & Policies](#) • [SHSAA Forms and Due Dates](#)



Team Selection & Participation



Clear selection criteria, commitment expectations, and age-appropriate playing-time philosophy.

Team selection

Students should understand that participation in athletics is a privilege. While many of our sports do not require try-outs, some programs may, due to participation numbers, coach shortages, or available roster spots. The judgment of the coaches dictates the selection and number of participants for teams. Before the tryout process begins, coaches will provide an explanation of expectations and tryout criteria. It is the student's responsibility to demonstrate that they can meet those expectations. Only official tryout sessions will determine an athlete's placement on a team.

Tryout guidelines

- Open Tryouts: Each student has the opportunity to try out.
- Criteria for Selection (in no particular order):
 - Effort, attitude, and commitment
 - Skill and fitness
 - Team balance (positions/roles)
- Coach's Discretion: Coaches make final decisions in consultation with the Athletic Director.
- Communication: Players not selected will receive feedback on areas of growth.

Commitment to the team

When playing for a team, you are expected to be present at all practices and games. Weekend commitments vary by sport and should be expected. A lack of commitment or attendance can decrease playing time and role on a team. We also understand that some students have other commitments; these need to be communicated to the coach before a conflict occurs.

Playing time

Playing time will be determined by the coach of the team. There is no set amount of time that every student must play in a game. This is school sport, so our coaches will attempt to put each student in a position to succeed. If you have questions or concerns about playing time, talk to the coach after a 24-hour period from the game. Coaches will not discuss playing time immediately after games with parents; everyone needs time to decompress.



General guidelines

Junior Teams (Grades 7-9)	Focus is on development and participation in addition to competition. Coaches should strive to get all players meaningful playing time. This does not mean equal. There will be games where coaches may shorten rotations (tournament, league, or playoff situations).
Senior Teams (Grades 10-12)	Competition is emphasized. Playing time may be based on skill, effort, and team needs. Senior seasons are long, and there are many opportunities throughout. Try to avoid focusing on a player's time in each individual game.
All Levels	Effort, attitude, and commitment influence opportunities for participation.



Communication & Families



Parent guidelines

- Support the team, players, coaches, and officials.
- Remember that coaches are in VOLUNTEER positions.
- Become familiar with the LHS Athletics Handbook.

Appropriate communication

If the parent of a student-athlete has concerns relating to playing time, team management, etc., the following are the proper steps to be taken:

Player-coach and parent-coach communication

- Player-Coach: Athletes are encouraged to communicate directly with coaches regarding concerns, playing time, or scheduling conflicts.
- Parent-Coach: Parents should contact coaches for general questions or logistical issues. Discussions about playing time should be initiated by the athlete first.
- 24-Hour Rule: Concerns about a game or practice should not be addressed immediately after the event. Please wait 24 hours before contacting the coach or Athletic Director.

Chain of communication

1. Player → Coach
2. Parent → Coach
3. Parent → Athletic Director
4. Parent → Administration

Methods of communication

- Edsby will be the main hub for team communications.
- Coaches may also have text groups or use apps such as WhatsApp to communicate with parent drivers and players on event days when that is more efficient.
- Parents who wish to speak with coaches regarding their athlete should contact coaches during or adjacent to the school day and not on evenings or weekends, except where player health and safety is involved.

NWSD CROSS-REFERENCE

The LHS athletic communication chain is intended to resolve concerns at the closest appropriate level and is consistent with the division complaint-resolution approach.

[AP 151 - Student and Parent Complaints and Grievances](#)

Coaches & Safe Sport



A high school athletic program is only as strong as the adults who teach, supervise, and protect student-athletes.

Coach readiness - LHS / NWSD / SHSAA

The original handbook expects coaches to be knowledgeable, fair, attentive to player condition, and committed to the educational purpose of school sport. Current NWSD and SHSAA requirements add formal approval, training, and safe-sport responsibilities.

CHECK	EXPECTATION	SOURCE
Principal approval	Volunteer supervisors/coaches are selected and approved by the Principal; role, supervision, and communication expectations are established.	NWSD AP 491
Volunteer documentation	Volunteer Registration and confidentiality requirements are completed; criminal record/vulnerable sector checks are required where applicable.	NWSD AP 491
Respect in Sport	SHSAA requires Respect in Sport (or a recognized equivalent) for coaches and assistant coaches at all levels of school sport.	SHSAA Coach Education
Concussion learning	Coaches use the SHSAA concussion protocol and Making Head Way resources.	SHSAA Concussion Protocol
Non-teacher coaches	First-time non-faculty coach applications include SHSAA coach-education requirements; current approval lists are maintained by SHSAA.	SHSAA Non-teacher Coach
ACM transition	SHSAA states the Aboriginal Coaching Module will be required for all coaches and assistant coaches by September 1, 2027.	SHSAA Coach Education

NWSD CROSS-REFERENCE

[AP 491 - Volunteer Supervisors and Coaches](#) • [AP 310 - Student Supervision](#)

SHSAA CROSS-REFERENCE

[SHSAA Coach Education and Resources](#) • [SHSAA Safe Sport](#) • [SHSAA Concussion Protocol](#) • [SHSAA Non-teacher and Community Coach](#)



Safe sport and athlete protection

SHSAA's Safe Sport Policy Manual applies to the high school sport community and includes student-athlete protection, code of conduct and ethics, discipline and complaints, investigations, appeals, social media, and conflict-of-interest policies. LHS coaches and participants are expected to use the current SHSAA process when a safe-sport concern arises.

HEALTH + SAFETY FIRST

A health or safety concern is not subject to the 24-hour communication rule. Report urgent concerns immediately to the coach, Athletic Director, school administration, or emergency services as appropriate.

Season of Play & Competition



Current SHSAA dates and live activity policies replace the outdated 2025-26 season-of-play snapshot in the original handbook.

CURRENT-YEAR RULE

SHSAA activity pages are living documents. Start dates, limits, rules, eligibility deadlines, playoff dates, and activity-specific amendments can change. The live SHSAA activity page governs.

[2026-27 SHSAA Handbook / Articles, Bylaws & Policies](#) • [2026-27 SHSAA Calendar of Events](#) • [2026-27 SHSAA Championship Dates](#)

2026-27 LHS season quick reference

SPORT	SEASON	EARLIEST PRACTICE	PROVINCIAL FINAL	LIVE POLICY
Golf	Fall	See live policy	Sept. 25-26, 2026	Golf activity page
Cross Country	Fall	See live policy	Oct. 17, 2026	Cross Country activity page
Volleyball	Fall	Sept. 1, 2026	Nov. 20-21 / Nov. 27-28, 2026*	Volleyball activity page
Basketball	Winter	Nov. 23, 2026	Mar. 18-20, 2027	Basketball activity page
Curling	Winter	Nov. 9, 2026	Mar. 5-6, 2027	Curling activity page
Badminton	Spring	See live policy	May 8, 2027	Badminton activity page
Track & Field	Spring	Mar. 22, 2027	June 4-5, 2027	Track & Field activity page

* SHSAA volleyball provincial dates differ by classification/gender; use the live activity page for the applicable playoff path. Championship dates above are a planning quick reference, not a substitute for activity policy.



Competition limits - selected current SHSAA examples

- Volleyball: maximum 60 matches before playoffs; 1 night between per-day limits; 6 matches per day.
- Basketball: maximum 32 games before playoffs; 1 night between per-day limits; 96 minutes per day.
- Curling: maximum 30 games before playoffs; 1 night between per-day limits; 32 ends per day.
- Track & Field: maximum 7 meets before playoffs; 1 night between per-day limits; 4 events plus relays under SHSAA activity policy.

SHSAA CROSS-REFERENCE

[Volleyball activity page](#) • [Basketball activity page](#) • [Curling activity page](#) • [Track & Field activity page](#)

Travel & Safety



Supervision, transportation, overnight travel, equipment, and injury response are part of the educational responsibility of school sport.

Travel of athletes and teams

- Supervision: Teams will be supervised by school staff or approved volunteers.
- Transportation: Approved parent drivers or school buses may be used, subject to NWSD approval requirements.
- Conduct: Athletes must represent the school positively at all times.
- Overnight Trips: Additional expectations regarding curfews, room assignments, and supervision will be provided.
- Parent Responsibility: If parents wish to transport their child separately, prior notice must be given in writing.

TRANSPORTATION - NWSD

The Division strongly favours the use of buses. Private vehicles may be used when a bus is impractical or inefficient. Student drivers are not permitted. Private-vehicle drivers require annual Principal-approved authorization and must meet AP 557 requirements.

AP 557 - Transportation in Private Vehicles

Travel approval + consent

All out-of-school athletic travel is subject to Principal approval, parent/guardian consent, safety and supervision requirements, and the distance/duration limits in AP 262. Coaches should plan travel early enough to complete forms, transportation, supervision, and approvals before commitments are finalized.

NWSD CROSS-REFERENCE

AP 262 - Student Travel • **AP 310 - Student Supervision** • **AP 557 - Transportation in Private Vehicles**

Injury, concussion, and protective equipment

- In an emergency where life may be threatened, the supervising staff member or Principal is expected to seek immediate treatment and use the safest, most expedient transportation available.
- Parents/guardians or emergency contacts are to be notified as soon as possible when an emergency occurs.



- Protective equipment required by provincial guidelines, sport rules, or Division procedures must be worn for athletics and extracurricular activities.
- Suspected concussion is managed using the current SHSAA concussion protocol; return-to-play decisions follow the required process.

NWSD CROSS-REFERENCE

[AP 315 - Illness / Injuries at School](#) • [AP 317 - Protective Equipment](#)

SHSAA CROSS-REFERENCE

[SHSAA Concussion Protocol](#) • [SHSAA Safe Sport](#)



Finance & Fundraising



LHS keeps the original fee and fundraising practices while tying them clearly to division financial procedures.

Finances

Costs for extracurricular programs are shared between the school division, school, and families.

Mandatory athletic fee - \$25 per season of play

- This fee helps support long-term replacement of uniforms and equipment.

Team fees (if needed)

- Some teams will have extra costs (tournament entry fees, hotels, coach mileage, clothing).
- How these fees are covered will be decided at the team level, in consultation with the Athletic Director - player fees, sponsorship drives, and fundraisers.

Grilled Cheese Fridays

- All senior athletes will be scheduled to work occasional Grilled Cheese Friday shifts to help offset the considerable cost of officials and travel.

Financial aid

- Students will be able to use individual school fundraising drives (e.g., Mom's Pantry) to help with Team Fees (not the mandatory athletic fee).
- If families need assistance with costs, please contact the school and we will come up with a plan that works. No student will be denied the opportunity to participate due to financial hardship.

NWSD CROSS-REFERENCE

Student fees, team accounts, fundraising, sponsorships, and school-generated funds must follow current division procedures and school approval processes.

[AP 505 - Student Fees](#) • [AP 512 - Financial Accountability for School Generated Funds](#) • [AP 520 - Fundraising Activities in School](#) • [AP 525 - Advertising and Corporate Sponsorships](#)

Forms & Live Links



A single place to find the procedures and live association resources referenced throughout the handbook.

Northwest School Division

<u>NWSD Administrative Procedures</u>	Current master list - use this when a procedure has been revised.
<u>AP 262 - Student Travel</u>	Out-of-school educational experiences, athletic travel, consent, distance and duration.
<u>AP 262 Appendix A - Extracurricular Code of Conduct</u>	Division extracurricular mission, beliefs, and code-of-conduct guidelines.
<u>AP 310 - Student Supervision</u>	Supervision for approved co-curricular activities at and away from school.
<u>AP 315 - Illness / Injuries at School</u>	Illness, injury, emergency treatment, parent notification, and transportation.
<u>AP 317 - Protective Equipment</u>	Protective equipment for athletics and other school-approved activities.
<u>AP 350 - Student Conduct</u>	Student conduct and school handbook expectations.
<u>AP 491 - Volunteer Supervisors and Coaches</u>	Volunteer coach approval, screening, orientation, supervision, and transport requirements.
<u>AP 505 - Student Fees</u>	School-related student fees and financial records.
<u>AP 512 - Financial Accountability for School Generated Funds</u>	Financial accountability for co-curricular and extracurricular funds.

<u>AP 520 - Fundraising Activities in School</u>	Fundraising approval and accounting requirements.
<u>AP 557 - Transportation in Private Vehicles</u>	Private vehicle authorization; student drivers are not permitted.
<u>NWSD Forms</u>	Division forms, including trip, volunteer, incident, and driver authorization resources.

SHSAA

<u>2026-27 SHSAA Handbook / Articles, Bylaws & Policies</u>	Current SHSAA handbook, bylaws, policies, and activity policy links.
<u>2026-27 SHSAA Calendar of Events</u>	Current year calendar of events.
<u>2026-27 SHSAA Championship Dates</u>	Current championship and playoff dates.
<u>SHSAA Forms and Due Dates</u>	Eligibility, team registration, transfer, coach, sanction, and other forms.
<u>SHSAA Coach Education and Resources</u>	Respect in Sport, concussion learning, ACM, NCCP, and coach education.
<u>SHSAA Concussion Protocol</u>	SHSAA concussion protocol and educational materials.
<u>SHSAA Safe Sport</u>	Student-athlete protection, conduct and ethics, complaints, investigations, social media, and safe sport.
<u>SHSAA Non-teacher and Community Coach</u>	Current non-teacher and community coach approvals and requirements.



Annual coach / team launch checklist

- Confirm coach assignment and Principal approval.
- Confirm SHSAA coach education / Respect in Sport status and any non-teacher coach approval.
- Review the current SHSAA activity policy, season start date, competition limits, eligibility deadlines, and playoff dates.
- Submit required team / eligibility forms and travel approvals.
- Confirm athlete good standing and SHSAA eligibility.
- Communicate team expectations, schedule, fees, travel, playing-time philosophy, and the 24-hour communication rule to athletes and families.
- Confirm transportation and driver authorization where private vehicles will be used.
- Review concussion, emergency, supervision, and protective-equipment expectations.
- Set up approved team communication channels and financial / fundraising plans.

DOCUMENT GOVERNANCE

This handbook is an LHS operating guide. If a local statement conflicts with a current Northwest School Division Administrative Procedure, Saskatchewan law, or a current SHSAA bylaw/policy/activity rule, the current governing document prevails. Links reviewed September 7, 2026.

[NWSD Administrative Procedures](#) • [2026-27 SHSAA Handbook / Articles, Bylaws & Policies](#)